

Grocery List

Grains

- bread
- bagels
- pasta
- tortillas
- buns
- _____

Breakfast

- cereal
- oatmeal
- baking mix
- _____

Meat

- bacon
- chicken
- fish
- ground beef
- hot dogs
- sausage
- _____

Drinks

- coffee
- tea
- juice
- soda
- water
- _____

Dairy

- milk
- butter
- cheese
- eggs
- sour cream
- yogurt
- _____

Snacks

- chips
- cookies
- candy
- nuts/seeds
- _____
- _____
- _____

Frozen

- meat
- pizza
- perogies
- ice cream
- waffles
- vegetables
- _____
- _____

Produce

- apples
- avocado
- bananas
- berries
- beans
- broccoli
- cauliflower
- celery
- cucumber
- garlic
- grapefruit
- grapes
- kiwi
- lettuce
- mushrooms
- onions
- oranges
- peaches
- peas
- spinach
- sprouts
- squash
- tomato
- _____
- _____
- _____
- _____
- _____

Cans/Jars

- fruits
- vegetables
- jam/jelly
- peanut butter
- soup
- chili
- pasta sauce

Condiments

- ketchup
- mayonnaise
- mustard
- oil
- salad dressing
- spices

Other

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____